



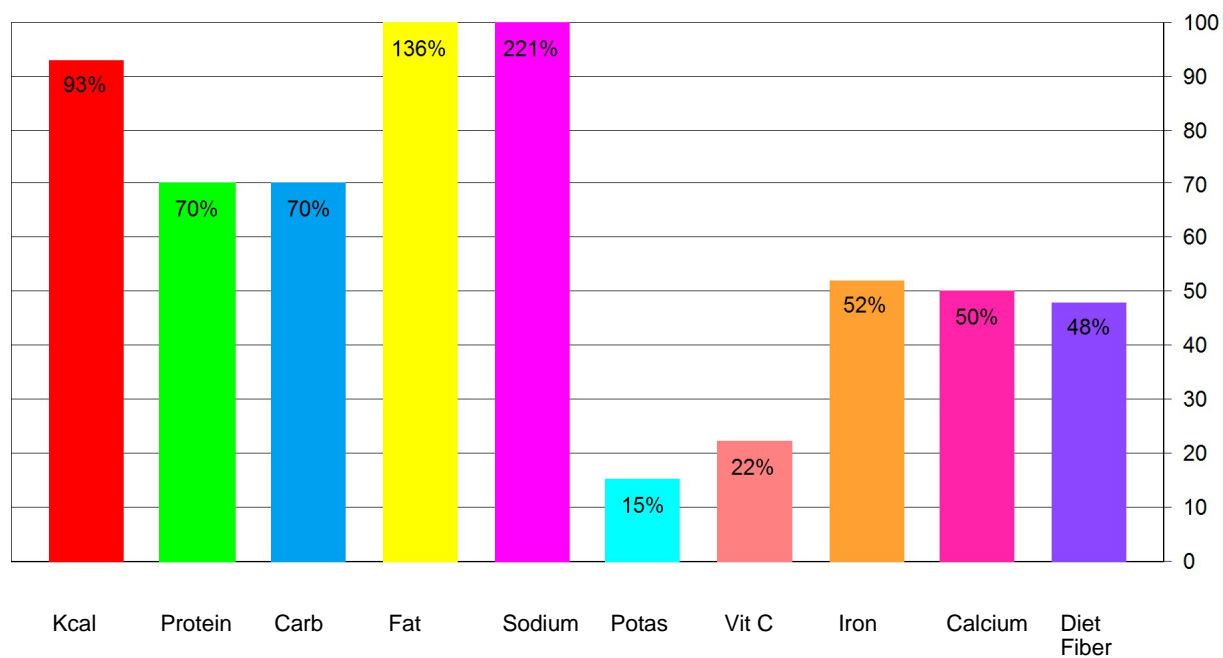
Client Diet Record Graphic Analysis

First: Laura
Middle:
Last: Friday
Company: Sample

Female
Identification Number: 1
Date of Birth: 2/4/1968
Height: 5 ft. 4 in. **Weight:** 178.00 lb.

Diet Name: Diet Record 1

Nutrient Goal Percentage



Total Days: 7
Total Foods: 82
Avg. Daily Kcals: 1742.821

Nutrient Goal Template
(Client)

Analyzed by
Diet Record 1

Nutrient	Value	Goal	% Goal
Kilocalories	1742.821	1867.029	93%
Protein	55.716	79.349	70%
Carbohydrate	197.344	280.054	70%
Fat, Total	64.709	47.713	136%
Sodium	3318.252	1500.000	221%
Potassium	682.334	4700.000	15%
Vitamin C	16.658	75.000	22%
Iron	9.342	18.000	52%
Calcium	504.934	1000.000	50%
Dietary Fiber, Total	12.069	25.000	48%