



Menu Template Food Profiling

Total Days: 1
Total Foods: 12

Avg. Daily Kcals: 2184.594
Name: Facility or Company Menu

Name	Amount Unit	Kcal kcal	Protein g	Carb g	Fat g	Sodium mg	Vit A (IU) IU	Vit C mg	Calcium mg	Diet Fiber g	Sugar g
Bread, Whole Wheat, Prepared, Toasted	2.000 sl.	256.200	7.728	47.376	4.956	320.040	3.360	0.000	30.240	5.628	3.545
Butter, Unsalted	1.000 t.	33.938	0.040	0.003	3.839	0.521	118.286	0.000	1.136	0.000	0.003
Coffee, Brewed	8.000 fl. oz.	2.370	0.284	0.000	0.047	4.740	0.000	0.000	4.740	0.000	0.000
DANNON Water, Bottled	1.000 svg.	0.000	0.000	0.000	0.000	0.000			15.000		
Eggs, Hard Boiled	2.000 item	155.000	12.580	1.120	10.610	124.000	520.000	0.000	50.000	0.000	1.120
NESTEA Iced Tea, Raspberry	8.000 fl. oz.	78.000	0.000	21.000	0.000	25.000	0.000			0.000	21.000
PANERA BREAD Salad, Asian Sesame Chicken, Half	1.000 svg.	200.000	15.000	15.000	10.000	460.000				2.000	3.000
PANERA BREAD Sandwich, Bacon Turkey Bravo on Tomato Basil, Full	1.000 svg.	840.000	51.000	87.000	32.000	2930.000				4.000	9.000
Pasta Salad	0.380 c.	95.025	2.873	13.749	3.317	164.778	913.659	5.591	14.019	1.633	1.788
Soup, Vegetable Gumbo	1.000 svg.	200.273	5.212	33.988	5.642	620.411	359.523	23.231	69.108	4.198	4.021
Tandoori Halibut	5.000 oz.	213.788	32.318	1.714	7.676	399.444	272.940	5.989	78.407	0.289	0.495
TROPICANA 100% Juice, Orange with Calcium, Non Refrigerated	8.000 fl. oz.	110.000	2.000	27.000	0.000	15.000	0.000	60.000	100.000	0.000	22.000